



ROTARY YOUNG CHEFS COMPETITION

SPONSORED BY
THE ROTARY CLUB OF PORT OF MACKAY

RULES

PRELIMINARY HEATS: Will take place within your own school during Term One or early Term Two

1. Working in pairs you are required to prepare a healthy, one course main meal suitable for two people.
2. Cost of ingredients should not exceed **\$15.00**. Rotary will provide schools with a tray of basic condiments for use by all competitors.
3. You will be expected to work from a written time-plan and marks will be given for this, co-operation with your partner, cooking skills, presentation of dish and flavour of final meal
4. You may use convenience foods, however credit will be given for cookery skills, e.g. if you make your own pastry, within the 1-½ hour's time limit

FINALS: Will take place later in Term 2, at Mackay TAFE College

1. Working in pairs you are required to prepare a healthy, two-course meal consisting of main and dessert suitable for two people. The main meal may be the same or different from those prepared in the earlier heats. Cost of ingredients not to exceed **\$25.00**. Details of purchases and receipts are to be provided by entrants. These costs will be reimbursed by Rotary.
2. You will be expected to work from a written time-plan and provide a written menu and marks will be given for this and co-operation with your partner, cooking skills, presentation of dishes and flavour of the two dishes.
3. You may use convenience foods, however credit will be given for cookery skills, e.g. if you make your own pastry, within the 2 hour time limit.

All competitors will receive a Certificate. Each winning team member of each school will receive a prize. Each winning team member in the finals will receive a prize and their schools will receive a commemorative shield.